

Compounded All Purpose Nipple Ointment

COMMON USES

All purpose nipple ointment is used for nipple discomfort, pain, or rash due to breastfeeding. The most common formula contains an antibiotic, antifungal and steroid.

The antibiotic is to kill any bacteria that can be growing in the damaged skin and prevent mastitis (infection of the breast tissue). The antifungal is to treat any fungal infections in the skin, this fungus is often present in the infants mouths and passes to the nipples during feeding. The corticosteroid is to reduce inflammation and pain.

It is important that the infant is also assessed for oral thrush. If not they may reinfect the breast.

HOW TO USE THE MEDICATION

The medication is intended for topical application only.

Wash your hands and affected area(s) with mild fragrance free soap. Pat the area dry. Apply a thin layer of the ointment to the affected area(s). These compounds are usually applied 2-4 times a day and/or after every feeding. Wash hands after application.

Do not wash or wipe off the ointment before breastfeeding unless directed to. The medication has minimal to no effect on the baby, and the ointment layer will help reduce further irritation.

Use the product for the shortest possible duration. Improvement is typically seen in the first week of use. If symptoms persist past 2-3 weeks while using or if they return when the product is discontinued seek reassessment by your prescriber.

POSSIBLE ADVERSE AND SIDE EFFECTS

This medication is usually well tolerated. Some skin irritation can occur, and should improve as you heal.

STORAGE REQUIREMENTS

Store at room temperature. Beyond use date (BUD) is 6 months. Refer to the date indicated on your prescription.

DISCLAIMER: Medication and medical condition content provided by Platinum Compound Rx Pharmacy. This document is a summary and does not have all possible information about this product. It should not be used as a substitute for the advice of your health care professionals, as the information in this document alone does not assure that this product is safe, effective or appropriate for you. For more detailed information on this product, including side effects, warnings and contraindications, speak to your pharmacist or prescriber. THIS DOCUMENT IS THE PROPERTY OF PLATINUM COMPOUND RX PHARMACY, ALL REPRODUCTION OR IMITATION IS STRICTLY PROHIBITED.