



Compounded Clindamycin Toners

COMMON USES

These compounds are usually used to treat acne and rosacea. Clindamycin is a common topical antibiotic that works to kill acne bacteria. The base can vary but usually consist of a moisturizer, salicylic acid, or glycolic acid. If present, acids work as chemical exfoliants to remove dead skin and oil.

HOW TO USE THE MEDICATION

The medication is intended for topical application on intact skin only. Do not ingest and avoid direct contact with the eyes, mouth, ears, nasal passages, and anal-genital areas unless directed otherwise. The clindamycin antibiotic dissolves in the base. If you find small white particles, shake the product until they disappear.

Cleanse the area with a fragrance free gentle cleanser, benzoyl peroxide cleanser, or as directed by your health care team. Pat your skin dry.

Dispense the medication on a cotton round or clean cloth and apply to clean dry skin. Allow the product to dry, do not wash or wipe off. You may follow up with an activity like retinol, or moisturizer. Always wear sunscreen during the day.

This medication can be used up to twice daily. To reduce irritation you may slowly increase the frequency of use.

POSSIBLE ADVERSE AND SIDE EFFECTS

Patch testing is recommended for first time use of any new product. Place a small amount of the product to the inner wrist and wait for 24 hours to assess allergic or irritant reactions.

These products are typically well tolerated but can cause some skin irritation and dryness especially if combined with other acne medications. This often resolves with prolonged use. Ensuring proper skin hydration with a non comedogenic facial moisturizer can help reduce irritation.

If significant irritation occurs wash the product off with water and consult your prescriber.

STORAGE REQUIREMENTS

Store at room temperature.

Beyond use date (BUD) is 30 days. Refer to the date indicated on your prescription.